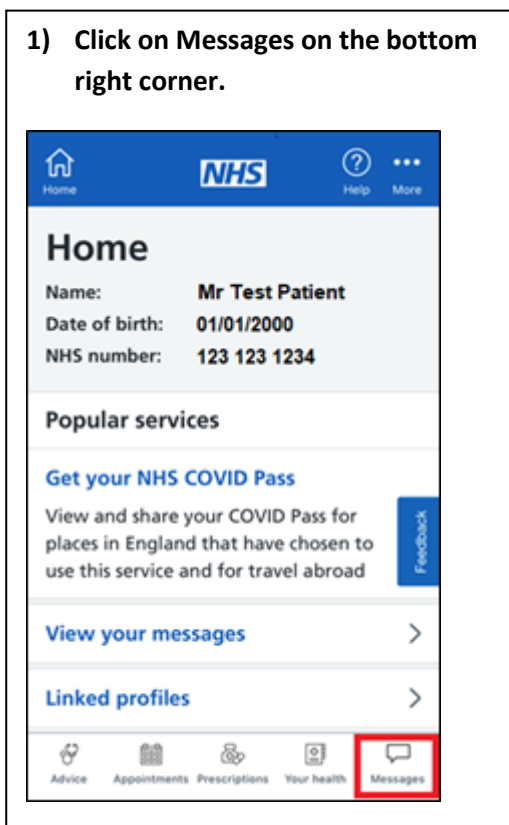


How to request a Sick Note through the NHS App and Patients Know Best (PKB)

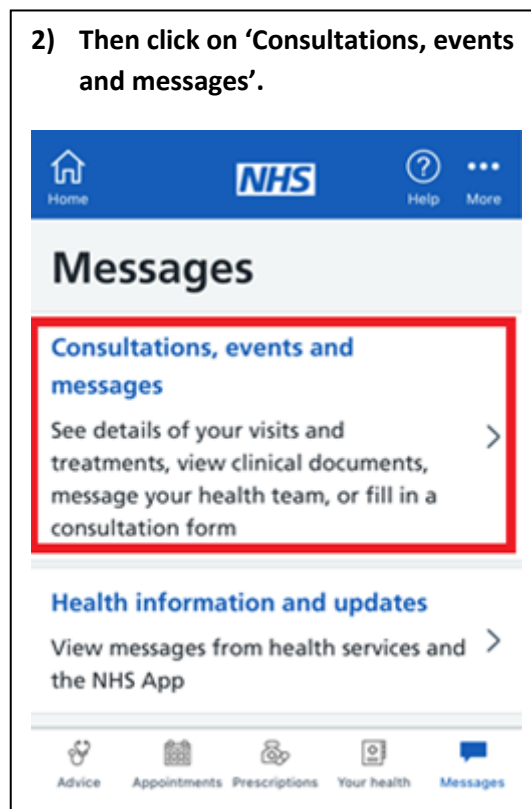
First access the NHS App through your smartphone, tablet or computer. To a register for the NHS App please click [here](#) for instructions.

Once you have registered for the NHS App you will be able to request an extension to your sick note by following the instructions below:

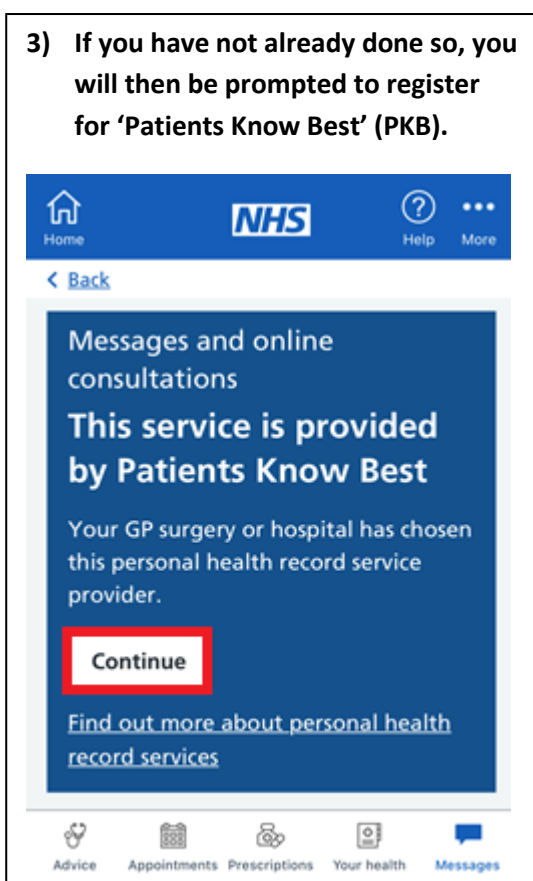
- 1) Click on Messages on the bottom right corner.



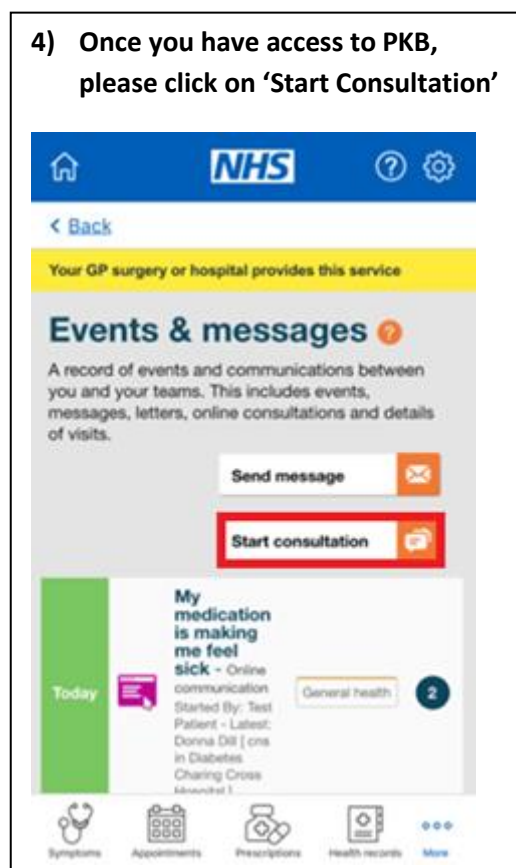
- 2) Then click on 'Consultations, events and messages'.



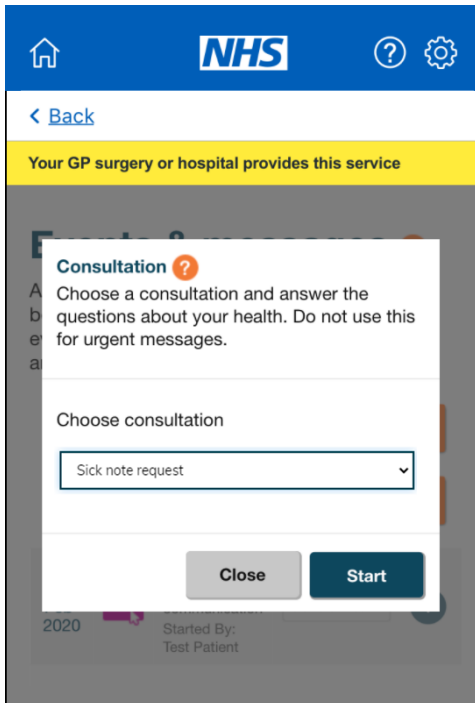
- 3) If you have not already done so, you will then be prompted to register for 'Patients Know Best' (PKB).



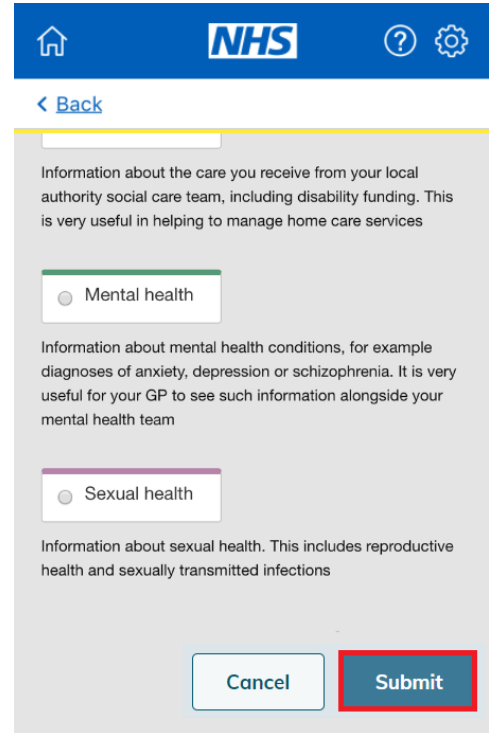
- 4) Once you have access to PKB, please click on 'Start Consultation'



5) Select the 'Sick Note Request' consultation from the drop down list.



6) Then complete the questionnaire to request your sick note and click on 'Submit' at the bottom.



Your 'Sick Note Request' has been sent to practice and you should receive a response in the usual manner.